# St Kevin's Amateur Athletic Club Inc.

# Annual Report For Year Ended 31 March 2016



## Committee

Andrew Thomas, Secretary
Peter McGarry, President
Daniel Bailey, Vice President
Dino Imbriano, Treasurer & Registrar
Sam Doble, General Committee Member
James Macaronas, General Committee Member
Zach Nelson, General Committee Member
Brosie McCann, General Committee Member
Steve Fabris, General Committee Member
Lincoln Mah, General Committee Member
Mark Moussalli, General Committee Member

# Minutes of St Kevin's Amateur Athletic Club Annual General Meeting

70th Annual General Meeting of The St Kevin's Amateur Athletic Club Inc., held in the Pavilion, St Kevin's College on Monday 25 May 2015 at 7.00pm.

Monday 25th May 2015.

#### Attendees:

Mark Moussalli, Steve Fabris, Patrick Noonan, Dino Imbriano, Lincoln Mah, Peter McGarry, Andrew Thomas, Nick O'Neill, Tom Crowley, Brosie McCann

### Apologies:

Daniel Bailey, Simon Field

The Meeting commenced at 7.00pm

Minutes of the 2013/2014 Annual General Meeting held on Saturday 14 June 2014 Motion: 'That the minutes of the previous AGM as distributed are an accurate record of that meeting'

Proposed: Peter McGarry Seconded: Patrick Noonan Carried unanimously

# Consideration of reports from the Committee on the transactions of the Association during the last preceding financial year, including financial reports

Reports presented by Committee. Peter McGarry noted in presenting the reports:

- thanks to everyone on the Committee for their efforts and support of the club during an at times difficult year;
- noted the importance of club values; being advocates for what is good and being willing to make tough decisions if required;
- one non-negotiable at all times: the protection of juniors at the club;
- will continue to aim for higher standards.

# Reports read and accepted by meeting:

Motion: 'That the distributed reports from the Committee on the transactions of the Association during the last preceding financial year, including financial reports, be accepted as an accurate record of the activities of the Association in the previous year'

Proposed: Andrew Thomas Seconded: Steve Fabris Carried unanimously

#### **Nomination & Election of Office Bearers**

The following people were nominated and duly elected unopposed in each case: **President** – Peter McGarry (proposed by Andrew Thomas; seconded by Patrick Noonan) **Vice-President** – Dan Bailey (proposed by Peter McGarry; seconded by Dino Imbriano) **Secretary** – Andrew Thomas (proposed by Peter McGarry; seconded by Patrick Noonan) **Treasurer** - Dino Imbriano (proposed by Peter McGarry; seconded by Andrew Thomas **General Committee Members:** 

Patrick Noonan (proposed by Peter McGarry; seconded by Dino Imbriano) Lincoln Mah (proposed by Peter McGarry; seconded by Dino Imbriano) Steve Fabris (proposed by Peter McGarry; seconded by Dino Imbriano) Mark Moussalli (proposed by Peter McGarry; seconded by Patrick Noonan) Brosie McCann (proposed by Peter McGarry; seconded by Steve Fabris)

Meeting closed at 7:57pm.

# St Kevin's Amateur Athletic Club Annual General Meeting Monday 18th April 2016

# Finance Report for Season 2015/2016

At the beginning of the 2015/2016 season, the committee made a strategic decision to invest in a number of key areas to ensure the club continues to grow and importantly continues to support all of our athletes. Key areas of investment were:

- A new website www.skaac.com was implemented at a cost of \$3,074.50
- All perpetual trophies were located and engraved at a cost of \$2,045.00
- Five new pole vault poles were purchased to cater for athletes of varying abilities at a cost \$2,365.00

From a general trading perspective, key points to note in the report are:

- Club Fees (including train-on coaching fees) continue to make the majority of income for the club - \$11,535.00
- The annual trivia night was a success generating a net profit of \$3,223.80
- The club was able to secure two new sponsors with sponsorship income at a record \$3.000
- The club successfully received a grant of \$2,000 from SKOCA (an increase of \$500 from past years)
- The club invested \$1,485.00 in our 800m national champions memorabilia which will generate income next financial year
- A record \$6,750 was provided to athletes and coaches for interstate and overseas travel

Looking forward to next year, my recommendation is that club fees remain at the same level, particularly as AV has increased fees substantially. Had we not been required to invest in a new website and update our perpetual trophies the club would have made a small profit instead of a trading loss of \$4,591.45

Overall the club is in a strong position financially with \$13,249.94 invested in an ING account and \$5,230.69 in our Commonwealth Bank trading account. The club also has a large stock-on-hand of merchandise and memorabilia that will continue to generate income over the coming years.

Yours in service

Dino Imbriano SKAAC Treasurer

# Income & Expenditure Statement 1 April 2015 to 31 March 2016

| Bank Balance as at 31-Mar-2015   | \$10,121.66            |
|--|------------------------|
| Income   |                        |
| Trading Receipts (BBQ & Drinks)  | \$51.95                |
| Fees / Subscriptions from members  | \$11,535.00            |
| Fundraising Receipts   | \$3,223.80             |
| Grants - Old Collegiaan Association  | \$2,000.00             |
| Sponsorships   | \$3,000.00             |
| Donations  | \$0.00                 |
| Bank Interest Received   | \$300.84               |
| Other (Merchandise)  | \$1,738.05             |
| Total Income (A)   | \$21,849.64            |
| Expenditure  |                        |
| Trading Costs (BBQ & Drinks)   | \$442.68               |
| Water, Gas, Electricity, Insurance   | \$0.00                 |
| Salaries and wages   | \$0.00                 |
| Office Expenses (Stationary, Postage, Trophies, Engraving, Death Notices)    | \$2,607.04             |
| Fundraising Costs  | \$1,485.00             |
| Bank Fees & Charges  | \$159.87               |
| Other (AV Fees Paid)   | \$4,700.00             |
| Other (AV Race Fees)   | \$405.00               |
| Other (AV Club Affiliation)  | \$400.00               |
| Other (APSOC Fees)   | \$1,430.00             |
| Other (New Pole Vault Poles)   | \$2,365.00             |
| Other (APSU Affiliation Fees)  | \$0.00                 |
| Other (Coaching)   | \$1,510.00             |
| Other (Official Training Courses & Apprediction                              | \$925.00               |
| Other (Official Training Courses & Accreditation Other (Website Development) | \$187.00<br>\$3,074.50 |
| Other (Consumer Affairs)   | \$0.00                 |
| Other (Athlete & Coach Support - National Champs)                            | \$6,750.00             |
| Total Expenditure (B)  | \$26,441.09            |
| Surplus (A-B)  | -\$4,591.45            |
| Ca. p. a.c (1. 2)  | ψ1,001.10              |
| Cash in hand or in bank  | \$5,230.69             |
| Value of stock on hand (Estimated Value of equipment)                        | \$9,044.00             |
| Amount owed to association (Unbanked cheques)                                | \$0.00                 |
| Amount owed to association (Fees owed by APSOC)                              | \$155.86               |
| Property, equipment, furnishings   | \$0.00                 |
| Investments - ING Account Balance  | \$13,249.94            |
| Other (specify)  | \$0.00                 |
| Total Assets ©   | \$27,680.49            |
| Liabilities  |                        |
| Secured loans  | \$0.00                 |
| Unsecured loans  | \$0.00                 |
| Total Liabilities  | \$0.00                 |
| Association's equity (C-D)   | \$27,680.49            |
| ·  |                        |

# Asset Register as at 31 March 2016

| Item   | No     | Value              | Total<br>Value       |
|--|--------|--------------------|----------------------|
| BBQ with 8.5kg Gas Bottle                            | 1      | \$100.00           | \$100.00             |
| Portable BBQ   | 1      | \$50.00            | \$50.00              |
| SKAAC Branded Tent (Telstra)                         | 1      | \$200.00           | \$200.00             |
| Unbranded 3m x 3m Tent                               | 1      | \$100.00           | \$100.00             |
| Telstra Stetch Mats                                  | 3      | \$10.00            | \$30.00              |
| Folding Chairs                                       | 5      | \$10.00            | \$50.00              |
| Green Garden Chairs                                  | 5      | \$6.00             | \$30.00              |
| Picnic Table   | 1      | \$20.00            | \$20.00              |
| 1 foot mini hurdles                                  | 10     | \$8.00             | \$80.00              |
| Competition Discus - 1kg                             | 2      | \$30.00            | \$60.00              |
| Competition Discus - 2kg                             | 2      | \$30.00            | \$60.00              |
| Training Discus - 500gm                              | 1      | \$10.00            | \$10.00              |
| Training Discus - 750gm                              | 2      | \$10.00            | \$20.00              |
| Training Discus - 1kg                                | 5      | \$10.00            | \$50.00              |
| Training Discus - 1.5kg                              | 4      | \$10.00            | \$40.00              |
| Training Discus - 2kg                                | 7      | \$10.00            | \$70.00              |
| Training Shotput - 2kg                               | 1      | \$10.00            | \$10.00              |
| Training Shotput - 2.7kg                             | 1      | \$10.00            | \$10.00              |
| Training Shotput - 3kg                               | 2      | \$10.00            | \$20.00              |
| Training Shotput - 4kg                               | 2      | \$10.00            | \$20.00              |
| Training Shotput - 7kg                               | 5      | \$10.00            | \$50.00              |
| 536059 PACER VAULTING POLE; 12'; 130LB               | 1      | \$400.00           | \$400.00             |
| 536063 PACER VAULTING POLE; 12'; 140LB               | 1      | \$400.00           | \$400.00             |
| 540059 PACER VAULTING POLE; 13'; 130LB               | 1      | \$440.00           | \$440.00             |
| 540063 PACER VAULTING POLE; 13'; 140LB               | 1      | \$440.00           | \$440.00             |
| 542577 PACER VAULTING POLE; 14'; 170LB               | 1      | \$465.00           | \$465.00             |
| Competition Javelin - 600gm                          | 1      | \$100.00           | \$100.00             |
| Competition Javelin - 700gm                          | 2      | \$100.00           | \$200.00             |
| Competition Javelin - 800gm                          | 1      | \$100.00           | \$100.00             |
| Competition Javelin - 800gm (Nemith)                 | 1      | \$400.00           | \$400.00             |
| Training Javelin - 400gm                             | 1      | \$40.00            | \$40.00              |
| Training Javelin - 600gm                             | 4      | \$40.00            | \$160.00             |
| Training Javelin - 700gm<br>Training Javelin - 800gm | -      | \$40.00<br>\$40.00 | \$40.00              |
| Starting Blocks                                      | 5<br>3 | \$40.00<br>\$50.00 | \$200.00<br>\$150.00 |
| Field Numbers  | 3      |                    | \$150.00<br>\$150.00 |
| Hammer - 4kg   | 1      | \$50.00<br>\$20.00 | \$150.00<br>\$20.00  |
| Hammer - 7.2kg                                       | 1      | \$20.00            | \$20.00              |
| SKAAC Banner   | 2      | \$50.00            | \$100.00             |
| SKAAC Singlet - XS                                   | 17     | 12                 | \$204.00             |
| SKAAC Singlet - S                                    | 57     | 12                 | \$684.00             |
| SKAAC Singlet - M                                    | 52     | 12                 | \$624.00             |
| SKAAC Singlet - L                                    | 32     | 12                 | \$384.00             |
| SKAAC Singlet - XL                                   | 14     | 12                 | \$168.00             |
| SKAAC Singlet - XXL                                  | 4      | 12                 | \$48.00              |
| SKAAC Tshirt - XXS                                   | 29     | 10                 | \$290.00             |
| SKAAC Tshirt - XS                                    | 38     | 10                 | \$380.00             |
| SKAAC Tshirt - S                                     | 40     | 10                 | \$400.00             |
| SKAAC Tshirt - M                                     | 39     | 10                 | \$390.00             |
| SKAAC Tshirt - L                                     | 14     | 10                 | \$140.00             |
| SKAAC Tshirt - XL                                    | 13     | 10                 | \$130.00             |
| SKAAC Cap  | 99     | 3                  | \$297.00             |
|  |        |                    |                      |
| Total  | 541    |                    | \$9,044.00           |

# President's Report for Season 2015/2016

Dear Club Members,

This season was an active one for the whole club with 66 club records, a new website and record numbers of competing members. However, it was also tinged with great sadness with the passing of John Lewin and Keith Lodge. I wish to acknowledge the contribution of both men to this great club and to Keith for his support of me personally during 2015 specifically.

I would like to thank each and every competing athlete that represented the club over the season in our various competitions AV Cross Country, APSOC Cross Country and AV Track & Field from our youngest member Joel Imbriano to our oldest in Gerry Sofianos.

Season 2015/2016 saw 102 members registered with SKAAC (up from 87 the previous year) according to the following age profile, with 90% of members being Male and 10% being Female. Disappointingly, the club had only 1 female AV registered athlete for the season, but with interactions commencing during the season with Loreto Mandeville Hall, it is hoped that this will increase in 2016/2017.

| St. Kevin's Amateur Athletic Club Membership Profile 2015/2016 (1 April 2015 to 31 March 2016) |            |                    |               |                       |       |            |  |
|--|------------|--------------------|---------------|-----------------------|-------|------------|--|
| Age<br>Group   | AV<br>Only | AV<br>2nd<br>Claim | APSOC<br>Only | Both<br>AV &<br>APSOC | Total | Percentage |  |
| Under 14   | 13         | 0                  | 1             | 2                     | 16    | 16%        |  |
| Under 16   | 13         | 0                  | 0             | 0                     | 13    | 13%        |  |
| Under 18   | 9          | 0                  | 2             | 0                     | 11    | 11%        |  |
| Open   | 21         | 2                  | 15            | 12                    | 50    | 49%        |  |
| 40+  | 1          | 0                  | 2             | 6                     | 9     | 9%         |  |
| 50+  | 0          | 0                  | 1             | 1                     | 2     | 2%         |  |
| 60+  | 0          | 0                  | 0             | 1                     | 1     | 1%         |  |
| Total  | 57         | 2                  | 21            | 22                    | 102   |            |  |
| Percentage   | 56%        | 2%                 | 21%           | 22%                   | -     |            |  |

The club made many improvements during the season:-

- 17 new open members, representing a 50% growth in this segment, which translated into vastly improved AV Shield Performance for the Mens 1 team, State Relays and Nationals.
- Implementing a new website on 16 September 2015, after many years of problems with web content management.
- Purchase of \$2,365.00 worth of new poles for club member use.
- Introduction of our new sponsor, The Glenferrie Hotel and renewal of the sponsorship with Whitbread Insurance.
- A very successful Legends Day at Box Hill Track on 26 September 2015 where current SKC students get to meet SKC athletic stars of the past.
- Commenced an alliance with Loreto Mandeville Hall to grow the club's female membership.
- Entered a 40+ Mens team for the track season and also commenced Club Records for the Mens 40+ age group.
- Convened a lunch to celebrate the 25<sup>th</sup> Anniversary of the Under 19 4x400 State record and Under 19 and Under 20 4x800 State record that both still stand. In

attendance was Matthew Burmeister, Simon Lewin, Justin Rinaldi & Julian Dwyer. Unfortunately, Toby Grainger could not be contacted.

The club was also faced with a number of challenges throughout the season:-

• The Men's Division 1 Team failed to make the Top 2 teams from the White region and qualify for the Shield Final. However, despite finishing in 3<sup>rd</sup> place the Mens Div 1 team scored over 1,100 more points than 2014/2015 in a competition that had once less club than the year prior, and had Box Hill and Nunawading worried at all stages of the season.

# **Committee attendance report**

| Committee<br>Member | 1 Jun 2015   | 13 Jul 2015             | 3 Aug 2015  | 7 Sep<br>2015 | 5 Oct<br>2015 | 16 Nov 15 | 7 Dec<br>2015 | 11 Jan<br>2016 | 1 Feb<br>2016 | 7 Mar<br>2016 | 4 Apr<br>2016 |
|---------------------|--------------|-------------------------|-------------|---------------|---------------|-----------|---------------|----------------|---------------|---------------|---------------|
| Peter McGarry       | Yes          | Yes                     | Yes         | Yes           | Yes           | Yes       |               | Yes            | Yes           | Yes           | Yes           |
| Daniel Bailey       | Yes          | Yes                     | Apology     | Yes           | Yes           | Apology   |               | Apology        | Apology       | Apology       | Apology       |
| Andrew Thomas       | Yes          | Yes                     | Yes         | Yes           | Yes           | Apology   | Q             | Yes            | Yes           | Apology       | Yes           |
| Dino Imbriano       | Apology      | Yes                     | Yes         | Yes           | Yes           | Yes       | ancelled      | Yes            | Yes           | Yes           | Yes           |
| Sam Doble           |              |                         | Yes-1st Mtg | Yes           | Yes           | Yes       | l ee          | Apology        | Yes           | Yes           | Yes           |
| Steve Fabris        | Yes          | Yes                     | Apology     | Yes           | Yes           | Yes       | an            | Yes            | Apology       | Yes           | Yes           |
| Lincoln Mah         | Yes          | Apology                 | Apology     | Apology       | Yes           | Yes       | $\circ$       | Yes            | Yes           | Apology       | Yes           |
| James<br>Macaronas  |              | Yes-1 <sup>st</sup> Mtg | Apology     | Yes           | Apology       | Yes       | Meeting       | Apology        | Apology       | Apology       | Yes           |
| Brosie McCann       | Apology      | Yes                     | Apology     | Yes           | Yes           | Yes       | ee            | Yes            | Yes           | Yes           | Yes           |
| Mark Moussalli      | Yes          | Yes                     | Yes         | Yes           | Yes           | Yes       | ≥             | Yes            | Yes           | Yes           | Yes           |
| Zach Nelson         |              | Yes-1st Mtg             | Yes         | Yes           | Yes           | Yes       |               | Yes            | Apology       | Apology       | Apology       |
| Patrick Noonan      | Yes-Resigned |                         |             |               |               |           |               |                |               |               |               |

The success of our only fundraiser for the season, the annual Trivia evening held on Grand Final eve at the Boyd-Egan Hall at Glendalough was attended by over 120 people and was a great event raising \$3,223.80. The success was testament to the efforts of the Committee but particularly Committee member, Dan Bailey. The funds raised during this evening go to directly assist our athletes to attend National and International races in pursuit of their dreams. Proceeds from this evening allowed the Committee to approve \$6,750.

Congratulations are also extended to the 2015 SKC Athletics Team for securing the Premiership in amazing fashion. Defeating their rivals by 93.5 points in a most dominant display. Special mention to 2015/2016 SKAAC members who won events on the day: Will Lewis Under 16 1500m (4:17.18s)
Phil Borg Under 16 100m (11.48s) & 200m (23.19s)
Conor Fry Open 4x400m Relay (in APS Record time 3:19.64s
Harry Livens Under 15 Triple Jump (11.83m)

The 2015 Cross Country season contained many individual highlights, none more so than Luke Mathews' efforts at the AV Cross Country Relays and Tan Relays. Luke Goodman also had another strong season. A highlight for AV Cross Country was the performance of the SKAAC athletes for APS United at Bundoora with Jack Holden, Xavier Chapman, Mark Deluca and Simon Field helping APS secure a strong placing.

I had the pleasure to be Team Manager for the Under 14 Shield Final team that represented us all with distinction at Lakeside Stadium on Saturday 31 January 2016 in the AV Shield Final. Despite lots of gaps due to unavailable athletes, the team finished a strong 5<sup>th</sup>, with Tom Scroggie particularly impressive in the final.

The quality of athletes to don the SKAAC colours in 2015/2016 was staggering and measured in the hugely impressive list of performances in the Championship events and Grand Prix meets.

The club had 8 teams compete in the Victorian Relay Championships, coming home with 3 medals including a Gold to the Under 16 4x100m Relay team and Bronze for the Open 4x100m & 4x800 relay teams.

66 Club records would be broken in the season and numerous Top 10 All-time performances proving testament to the quality of SKAAC across all age groups (Under 13 to Open)

Luke Mathews. Quite simply an amazing year. More about this can be seen in the Summer report but to be the club's first ever sub-4-minute-mile runner and first ever Olympian, was a great achievement and backed up super well by Sam McEntee as the second SKAAC runner sub-4-minutes in the same race.

There is undeniable proof that the success of SKAAC is dependent upon a steady stream of recruits arriving from SKC. This year the club welcomed many junior athletes to the club for their first run in the green, gold and blue. I would like to thank Mr Brosie McCann as Teacher-in-Charge of Cross Country and Athletics at SKC, for his support and council during 2015/2016. Also tireless throughout the year, were Steve Fabris & Shaun Hargreaves, also staff at SKC, for their effort to recruit junior members and more importantly act as coach and mentor to them.

The second ever "Legends Day" was convened to connect current SKC Students to current SKAAC members (and SKC Legends) at a lead up training session on 26 September 2015 for the APS Sports. I thank Anthony Aloisio, Dan Bailey, Steve Landers, Simon Field, Jack Holden, Dylan Johnson, Michael Romanin, Brosie McCann, Steve Fabris & Jeremy Weeks

who gave their time to speak and train with the SKC Athletics Team and further solidify the connection between SKC and SKAAC.

The amount of effort required to keep the club providing for its members the way it does happens directly through the efforts of the Committee members. I would like to thank the following club members for serving as Committee Members during season 2015/2016. Each of these individuals gives freely of their time for the benefit of all SKAAC members and are the key reason why the club is in such good shape off the track. In acknowledgement of their efforts I ask all in the club to thank the Committee for 2015/2016.

Vice President: Daniel Bailey Secretary: Andrew Thomas

Treasurer / Registrar: Dino Imbriano (performing this role for the 12<sup>th</sup> year in a row!!) Committee: Brosie McCann, Stephen Fabris, Lincoln Mah, Sam Doble, James Macaronas, Zach Nelson, Mark Moussalli.

Andrew Thomas deserves special mention as he has decided that he won't be able to be a part of the SKAAC Committee for season 2016/2017 as he takes a well-earned rest following many years on the club's executive. I would like to personally thank Andrew for serving the committee for 9 years (starting in 2007/2008) and acting in the executive role of Secretary for the last year, but more importantly as President for 4 years. Andrew can rightfully look back on his leadership being a direct reason for the on and off-track success for the club enjoyed under his leadership. Well done and thank you, "Thommo".

On Saturday 16<sup>th</sup> April 2016 at the Pavilion at St. Kevin's College the club held a presentation night with a self-catered buffet dinner to honour the efforts and achievements of all members that had competed for the club and to thank the coaches that had supported each of us. Following formal announcement of the winners on the night I am pleased also to formally report the winners of the club various awards as:-

Club Champion - Luke Mathews

Female Senior Club Champion - Not Awarded

Senior Cross Country Champion – Mark De Luca

Female Cross Country Champion – Karen Thorp

Under 13 Male T & F Champion – Andrew Mathieson

Under 13 Female T & F Champion – Lauren McGarry

Under 14 Male T & F Champion – Thomas Scroggie

Under 16 Male T & F Champion - Phil Borg

Under 18 Male T & F Champion - Conor Fry

Mens 40+ T &F Champion – Andrew Thomas

Junior Cross Country Champion - John Cornwell

Outstanding Junior Performance – Conor Fry (3rd National Under 20 400m Hurdles)

Outstanding Female Junior Performance – Lauren McGarry (3<sup>rd</sup> National Schools 10yo Shot Put)

Marathon Award - Luke Goodman (2:50.21 Tokyo Marathon 10 March 2016)

Outstanding Senior Performance - Luke Mathews (800m national Champion 1:46.20) &

Sam McEntee (5,000m National Champion 13:37.95

Outstanding Female Senior Performance - Not Awarded

President's Award - Dino Imbriano

Best Clubman - Steve Fabris

Best Junior Clubman - Joel Imbriano

Most Improved – Tristan Day

Richard Hope Tan Champion – Luke Mathews (10:56)

The season was a real turning point for SKAAC with a clear desire by many elite athletes wishing to represent the club and also quite a few members re-joining after a number of year away from the club.

Junior numbers were most encouraging and the platform has been set for the club to attempt to raise membership above 120 members in season 2016/2017, hopefully on the back of a number of SKAAC members making the Australian team for the Rio 2016 Olympic Games in August 2016.

Peter McGarry President SKAAC

# St. Kevin's Amateur Athletic Club Annual General Meeting Monday 18<sup>th</sup> April 2016

# Winter Cross Country Report for Season 2015

Our Open Division 1 Team finished 5<sup>th</sup> for the second year running in the APSOC Club Championship, whilst our Open Division 2 Team also finished 5<sup>th</sup>. Our women's team finished in 10<sup>th</sup> place overall, which was the same result as 2014. We also had a number of members turning out for APS United on a regular basis in the highly competitive AV competition.

# 2015 highlights:

#### **APSOC**

- Karen Thorp winning female athlete of the year award.
- Mark De Luca and Luke Goodman (M40) finishing runner-up in their respective categories for athlete of the year.
- Mark De Luca and Karen Thorp winning the 16km Lodge Handicap.
- Sam Doble winning the Brighton-by- the-Sea handicap race.
- Stuart Pettigrew finishing runner-up at the Hare and Hounds handicap race.
- A huge turn-out for the Dyson Relays, where we managed to field 6 full teams (male, female and junior teams).
- Xavier Chapman finishing 3<sup>rd</sup> fastest overall at the Alan Hooley Relays.
- A consistent turn-out by our junior members, with John and Gabriel Cornwell leading by example.

#### **APS United /Athletics Victoria:**

- Luke Mathews recording a personal best time of 10:55 at the Athletics Victoria Tan Relays. His time ranks second on the SKAAC all-time list behind Club Record Holder, Richard Hope (10.51). The Division 1 APS United Team, also made up of Jack Holden, Mark De Luca and Xavier Chapman secured 4<sup>th</sup> place overall in this highly competitive race.
- Mark De Luca and Xavier Chapman recording personal best times at the AV half marathon, both finishing in the top 10 and running under 70 minutes.
- Xavier Chapman's 11<sup>th</sup> place finish at the AV 16km cross country at Brimbank Park.
- Jack Holden (19.11) and Mark De Luca (19.40) both recording fast times over the 6.1km course at the Sandown Relays for APS United.
- Jack Holden (14<sup>th</sup>), Xavier Chapman (19<sup>th</sup>), Mark De Luca (26<sup>th</sup>) and Simon Field (36<sup>th</sup>) all turning out solid performances for APS United in the 12km cross country at Bundoora Park. The APS United Team, which was solely represented by SKAAC athletes, finished in the top 4 teams overall.
- Luke Goodman's 6<sup>th</sup> placing in the M45 age category in the 8km cross country at Warragul.
- Luke Mathews, Jack Holden and Luke Goodman running highly impressive times for APS United at the Jells Park Relays event.

A special thanks to all those who assisted me at the Dyson Relay, organising the final teams and recording times. Brosie McCann, Chloe and James Cornwell and Stuart Pettrigrew all provided outstanding support, despite the challenge of managing 6 teams.

Congratulations to the following Winter Cross Country Champions:

Male – Mark De Luca

Female – Karen Thorp

Junior – John Cornwell

Marathon Award – Luke Goodman

Richard Hope Tan Champion – Luke Mathews (10:56)

Thanks to all members who turned out to race throughout the 2015 Cross Country Season. With a strategic plan being put in place over the next few seasons, hopefully it won't be long before we see SKAAC once again become a dominant force in Cross Country.

Mark Moussalli Winter Team Manager Season 2016

# Summer Track & Field Report for Season 2015/2016

The Summer Season contained the club's best ever individual performance with Luke Mathews qualifying to represent Australia at the 2016 Rio Olympic Games. No athlete, as a current member of SKAAC has been selected to represent Australia at an Olympic Games. Adding further to Luke's selection is the opportunity for Alex Rowe (800m) and Sam McEntee (5,000m) to be selected subject to bettering the qualifying standards of 1:46.00 and 13:25.00 respectively. We wish each of these 3 amazing athletes all the best in their build-up to Rio in August.

Significant recruiting in the lead up to the season saw the club with more athletes than ever competing at State, A-series and National level than ever before. Regularly there was at least 3, and often more SKAAC athletes competing at the highest level in this country week in week out. This was demonstrated with 11 SKAAC athletes travelling to Sydney to take on the nation's best in the National Championships from 31 March – 3 April. The results at Nationals were amazing: 2 Gold Medals, 1 Silver Medal and 2 x 5<sup>th</sup> Place finishes rounding out arguably the club's finest ever result at a National Championship.

The Club fielded six teams in the Athletics Victoria (AV) White region competition, Mens Open Div 1, Men 40+ Under 18, Under 16 and Under 14 and Women's Under 14. The club enjoyed a record number of AV registered members and grew participation in every junior age group.

The AV Shield season continues to be a sore point among athletes with Zone v Zone being poorly received and AV knockout competition nothing short of a failure.

The club averaged 25.5 competing athletes for the 9 rounds of AV Shield (1 round was abandoned due to extreme heat) which was a large improvement on the season prior. 35 athletes in Round 5 & Round 10 was the largest numbers competing for the club during an AV Shield round for many years.

66 Club records were broken during the season a strong sign of the quality within the club and also the persistence of coaches and the hard work of the athletes.

## **VICTORIAN OPEN CHAMPIONSHIPS**

Vic Championship Results 2015/2016

100m Joel Bee 10.87s (0.1) Heat 1st, 10.80s (1.2) Semi 2nd, 10.80s Final 3rd

100m Michael Romanin 10.95s (1.4) Heat 3<sup>rd</sup>, 11.04s (-0.1) Semi 4<sup>th</sup>

200m Joel Bee 22.93s (1.4) Heat 2<sup>nd</sup>, 21.95s (0.3) Semi 2<sup>nd</sup>, 21.75s Final 4<sup>th</sup>

400m Deluca Lawson-Matthew 48.28s Heat 1st, 48.86s Semi 1st, 47.87s Final 3rd

400m Alex Rowe 48.46s Heat 1st

400m Peter Bol 48.51s Heat 1st

400m Conor Fry 49.62s Heat 3rd

400m Steve Fabris 50.00 Heat 4th, 50.35 Semi 7th

800m Chris Milne 2:04.54 Heat 6th

5000m Walk Jason Kozica 22:22.96

Long Jump Zach Nelson 7.07m 3<sup>rd</sup>

## Victorian Junior Championships 2015/2016 Under 14

1500m Angus Down 5:01.72 8<sup>th</sup>
Shot Put Andrew Mathieson 9.14m Final 6<sup>th</sup> (Under 13 Club Record)
Discus Andrew Mathieson 24.98m Final 8<sup>th</sup>
Triple Jump Andrew Mathieson 9.59m Final 12<sup>th</sup>

#### Under 15

1500m Thomas Scroggie 4:50.29 14th

# 2000m Steeple 7:02.15 3rd

#### Under 16

100m Massimo Acquaro 11.96s Heat 4<sup>th</sup>, 11.80s Final 6<sup>th</sup> 200m Massimo Acquaro 24.59s Heat 2<sup>nd</sup>, 24.12s Final 4<sup>th</sup> (Under 15 Club Record) 400m Stefano Mazzocca 57.80s 9<sup>th</sup> 3000m Tristan Day 9:25.50 Final 4th

#### Under 17

100m Phil Borg 11.56s Heat 2<sup>nd</sup>, 11.51s Final 3<sup>rd</sup> 200 Phil Borg 23.37s Heat 2<sup>nd</sup>, 23.03s Final 1<sup>st</sup> 800m Will Lewis 2:05.37 Heat 1<sup>st</sup>, 1:59.90 Final 3<sup>rd</sup>

#### Under 18

3000m Paris Street 9:39.54 Final 11th

#### Under 20

110m Hurdles Conor Fry 15.46s Final 3<sup>rd</sup> 400m Hurdles Conor Fry 55.62 Heat 2<sup>nd</sup>, 54.11 Final 2<sup>nd</sup> (Under 18, 19 & 20 Club Record)

# NATIONAL CHAMPIONSHIPS Junior Nationals Perth 8/3/2016 to 13/3/2016

#### Under 15

2000m Steeplechase Thomas Scroggie 7:00.30 8th

#### Under 17

200m Phil Borg 22.93 Heat 4<sup>th</sup> 100m Phil Borg 11.82 Heat 9<sup>th</sup> 800m Will Lewis 1:58.98 Heat 5<sup>th</sup>

#### Under 20

400m Hurdles Conor Fry 56.00 Heat 2<sup>nd</sup>, Final 53.54 3<sup>rd</sup> (Under 19 & 20 Club Record) 4x400 Relay 3:17.65 Gold Medal Conor Fry (1<sup>st</sup> leg, split 49.1s)

#### Open Nationals Sydney 31/3/2016 to 3/4/2016

100m Joel Bee Heat 10.71 (-0.7) 3<sup>rd</sup>, Semi 10.65 (0.7) 5<sup>th</sup>
400m Deluca Lawson-Matthew Heat 47.92 5<sup>th</sup>, Semi 48.38 7<sup>th</sup>
800m Peter Bol Heat 1:49.90 1<sup>st</sup>, Final 1:47.76 5<sup>th</sup>
800m Luke Mathews Heat 1:47.15 1<sup>st</sup>, Final 1:46.20 1<sup>st</sup>
800m Alex Rowe Heat 1:48.03 3<sup>rd</sup>, Final 1:47.31 2<sup>nd</sup>
1500m Jack Holden Heat 3:50.57 23<sup>rd</sup> Overall
1500m Sam McEntee Heat 3:48.45 17<sup>th</sup> Overall
5000m Sam McEntee Final 13:37.95 1<sup>st</sup>
Long Jump Zach Nelson Qualifying 6.97m 19<sup>th</sup>
Triple Jump Dylan Johnson Qualifying 15.43 (+1.4) 7<sup>th</sup>, Final 15.13m 9<sup>th</sup>
10,000m Walk Jason Kozica Final 47:25.55 5<sup>th</sup>

#### **Classic Performances**

31 May 2015 Leonora Golden Gift (WA) Mile (1609m) Luke Mathews 2<sup>nd</sup> 4:15 27 June 2015 Watford (GBR) 1500m Luke Mathews 3:40.58 5 July 2015 Gold Coast Marathon Lincoln Mah 2:58.45 (Net time)

## **Hunter Track Classic 30 January 2016**

400m Deluca Lawson-Matthew 48.07 (1st)

800m Luke Mathews 1:46.35 (1st)

800m Peter Bol 1:49.52 (6th)

3000m Sam McEntee 7:48.35 (2<sup>nd</sup>)

# **ACT State Championships 6 February 2016**

100m Zach Nelson 11.39

200m Deluca Lawson-Matthew 22.16

400m Deluca Lawson-Matthew 48.21

Long Jump Zach Nelson 6.99m

# **Briggs Track Classic Hobart 13 February 2016**

1500m Luke Mathews 3:37.31

5000m Sam McEntee 13:42.78

5000m Jack Holden 14:42.36

## Adelaide Track Classic Adelaide 20 February 2016

800m Alex Rowe 1:48.39 (5<sup>th</sup>)

800m Peter Bol 1:49.19 (8<sup>th</sup>)

Triple Jump Dylan Johnson 15.20m (+0.5) 5<sup>th</sup> (New Open & Under 20 Club Record)

# 100th Victorian Mile Championships 23 February 2016 (Melbourne University)

Mile Luke Mathews 3:56.7 (1st)

Sam McEntee 3:59.0 (2<sup>nd</sup>)

Xavier Chapman 4:28.7

Paris Street 4:43.6

Dino Imbriano 4:56.9

Andrew Thomas 4:59.4

Lincoln Mah 5:19.7

Jeremy Moore 5:23.0

# AV Knockout Final 27-28 February 2016 (Lakeside Stadium)

Under 20

400m Hurdles Conor Fry 55.77s 1st

Under 18

100m Phil Borg 11.66s (0.3) 4th

200m Phil Borg 23.33 (-0.4) 2<sup>nd</sup>

Under 16

100m Massimo Acquaro 11.84 (1.4) 3rd

2000m Steeplechase Thomas Scroggie 6:59.59 4th (Under 14 Club Record)

#### **Melbourne International 5 March 2016**

#### 800m

Luke Mathews 1:45.16 (2<sup>nd</sup>) Olympic Games A-qualifier

Alex Rowe 1:47.48 (5th)

Peter Bol 1:49.22 (7<sup>th</sup>)

5000m

Sam McEntee 13:33 (2<sup>nd</sup>)

# AV Knockout Final 5th March 2016 - Lakeside Stadium

110m Hurdles S Cain 15.49 1st

1500m 40+ Dino Imbriano 4:35.48 2<sup>nd</sup>

1500m 40+ Andrew Thomas 4:38.05 3<sup>rd</sup> 400m Steve Fabris 50.31 6<sup>th</sup> Discus Steve Cain 37.56m 2<sup>nd</sup> Javelin Steve Cain 55.28m 3<sup>rd</sup>

#### Perth Track Classic 12 March 2016

400m Deluca Lawson-Matthew 47.70 3<sup>rd</sup> 800m Peter Bol 1:46.68 2<sup>nd</sup> Alex Rowe 1:49.06 6<sup>th</sup>

# Sydney Track Classic 19 March 2016

1500m Luke Mathews 3:40.55 2<sup>nd</sup> Sam McEntee 3:42.98 6<sup>th</sup>

# Victorian Masters Championships 19 & 20 March 2016 Doncaster Athletics Track Men 40 – 45 1500m Andrew Thomas 4:28.2 4<sup>th</sup>

Men 40 - 45 5000m Dino Imbriano 17:34.13 3rd

#### **Tokyo Marathon 10 March 2016**

Luke Goodman 2:50.21 (597th out of 27,096) 40+ Club Record

## **State Relay Championships**

The club had a very successful State Relay Championships coming home with 1 Gold Medal and 2 Bronze Medals. The success of the day is best reflected in the astonishing set of statistics to be created through the teams during the day:

- 1 (as in Gold medals, magnificently won by the Under 16 4x100m team)
- 1.20 (as in the seconds sliced from the previous Open 4x100m relay Club Record)
- 2 (as in the fastest two Open 4x100m relay teams the club has ever had)
- 3 (as in medals) with 1 Gold Medal to the Under 16 4x100m and Bronze to the Open 4x100m and 4x800m teams.
- 4 (as in SKAAC underage Club records that the Under 16 4x100m team broke in running 45.40)
- 5 (as in SKAAC underage Club records that the Under 16 Distance Medley team broke in running 4:00.04)
- 5.18 (as in the seconds sliced from the previous Open Distance Medley relay Club Record)
- 7 (as in Club relays records broken on the day)
- 7 (as in where the Under 16 Medley team performance sits on the SKAAC All-time list)
- 8 (as in teams to compete on the day)

17 (Conor Fry's age, and the high likelihood to be the youngest ever Open Track & Field medallist for the club)

18 (Jonathan Taylor's age for the 2 SKAAC Open Club Records he was a huge part of)

21,826 (as in the days that the Open Distance Medley Open Club Record had stood for!!) Tom Tierney, Keith Lodge, G Michael Stewart & Jack Baker incredibly holding the previous record since 26 February 1956.

Thanks to all for making the 2015/2016 State Relays as monumental as they were, especially to all of the Athletes that prepared and executed so well on the day.

#### Medals

Men Under 16, 17, 18 & 19 4x100m Relay (Gold Medal & Club Record x 2)

(Harry Livens, Massimo Acquaro, Harrison Lee, Phil Borg) 46.00 28/11/2015 Lakeside Stadium 1st place. Athletics Victoria State Relay Championships Heat. (Under 16 Club Record)

(Harry Livens, Massimo Acquaro, Harrison Lee, Phil Borg) 45.40 28/11/2015 Lakeside Stadium 1st place. Athletics Victoria State Relay Championships Final. (Under 16 Club Record)

Men Open 4x100m Relay (Bronze Medal & Club Record x 2)

(Conor Fry, Joel Bee, Jonathan Taylor, Matthew Bertacco) 42.72 28/11/2015 Lakeside Stadium 1st place. Athletics Victoria State Relay Championships Heat. (2nd fastest All time)

(Conor Fry, Joel Bee, Jonathan Taylor, Matthew Bertacco) 42.13 28/11/2015 Lakeside Stadium 3rd place. Athletics Victoria State Relay Championships Final. (Open Club Record)

Men Open 4x800m Relay (Bronze Medal & 7th fastest All Time)

(Steve Fabris, Deluca Lawson-Matthew, Xavier Chapman, Alex Rowe) 7:49.35 Lakeside Stadium 3rd place. Athletics Victoria State Relay Championships Final.

# **INTERCLUB / SHIELD**

# Under 14 Region Premiers, and 5<sup>th</sup> in the Shield Final

Dino Imbriano & I had the honour of being co-team managers for the Under 14 Shield Final team. The team comprised of 8 boys who represented the club with such distinction on Saturday 6th February in the Mens Under 14 AV Shield Final at Lakeside Stadium finishing in 5th place in a very strong field.

The team didn't get off to the greatest start with 6 gaps in the first 3 events (3000m, 200m Hurdles & High Jump) costing over 180 points and a real shot at a podium finish. However from that point onwards the boys performed brilliantly.

Despite the gaps in the 3000m, it didn't stop Jett-Paris Bedelis running a slashing 11:53.54, and Joel Imbriano 12:35, both massive PB's.

The Shot Put was also a good event for the lads, up against some massive competition with Andrew Mathieson extending his own club record to 8.63m and Thomas Scroggie 8.44m

Thomas Scroggie (19.14m) & Adam McGarry (16.30m) fought bravely in the hammer witnessing at close quarters a Victorian State Record (61.90m) by the Ringwood athlete.

The 800m racing was a highlight with 4 great runs Thomas Scroggie (2:23.18), Andrew Mathieson (2:26.07), Hugo Goodman (2:32.36) & Angus Down (2:44.59). Clearly, the prerace warm-up and advice from SKAAC's own National Record Holder Alex Rowe did the trick. A huge thanks to Alex for giving up his time to be a huge part of the day for the boys.

The 200m was also a great event for the team with Thomas Scroggie (28.42), Andrew Mathieson (29.74), Jay Cavedon (31.35) & Jett-Paris Bedelis (31.98) really getting the team up and going and shooting the team up 3 places on the scoreboard.

Joel Imbriano was awesome in the 1500m walk 11:47.32

In the Triple Jump Thomas Scroggie jumped 9.83m and Joel Imbriano 6.43m

After a huge day, and at 7:15pm the boys in the 4x400 ran 4:36.06. (Andrew Mathieson, Angus Down, Jett-Paris Bedelis & Thomas Scroggie)

I thank all athletes who competed in this team during the season. I also thank the boys who had other sporting commitments on the in the morning for making the huge effort in hot conditions to represent yourselves and your club so well. Shield Finals are hard to make, and of all the SKAAC teams that tried to make the Shield Final, you boys, the Under 14 team are the only ones to have achieved that, and you should be well proud, as Dino & I have been to act as team managers.

# Final points were:

| Western Athletics | 782.5 |
|-------------------|-------|
| Diamond Valley    | 751   |
| Ringwood          | 605   |
| Essendon          | 578   |
| St. Kevin's       | 452   |
| Frankston         | 422   |
| Doncaster         | 239   |
| Ballarat          | 212   |
| Geelong           | 191   |

#### Mens Div 1

For the second year running the SKAAC Mens Div 1 team failed to reach the top 2 ladder positions in White Region and thus qualify for the Shield Final. However, this season was far different to last year in that the margin was only slight and with some strong commitment during the AV Shield season to getting out and competing, even if only at 60%, SKAAC can scale the heights again.

Key recruits and returning athletes (Peter Bol, Deluca Lawson-Matthew, Joel Bee, Zach Nelson, Shaun Hargreaves, Dan Martin, James Tamouridis, Steve Fabris, Jonathan Taylor, Lachlan Chan, Dylan Johnson and Jeremy Moore) added plenty to the depth of the Mens 1 team and have set us up strongly for 2016/2017.

The total points score for the team was 7312.5, up 1,141.5 from last season – a HUGE improvement.

The final ladder positions at the conclusion of the last round of White region interclub for season 2015/2016 were:

| Men Open<br>Division 1 |                 | Pts For  | Pts Agst  | Percentage | Ldr Points |
|------------------------|-----------------|----------|-----------|------------|------------|
| вон                    | Box Hill        | 8,698.50 | 20,490.00 | 42.45%     | 52         |
| ANW                    | Nunawading      | 8,364.00 | 20,824.50 | 40.16%     | 47         |
| STK                    | St Kevin's      | 7,312.50 | 21,876.00 | 33.43%     | 44         |
| вон                    | Box Hill 2      | 2,056.50 | 27,132.00 | 7.58%      | 21         |
| ANW                    | Nunawading<br>2 | 1,604.00 | 27,584.50 | 5.81%      | 18         |
| osc                    | Old Scotch      | 1,153.00 | 28,035.50 | 4.11%      | 15         |

| Men<br>Under 18 |                 | Pts For  | Pts Agst  | Percentage | Ldr Points |
|-----------------|-----------------|----------|-----------|------------|------------|
| RWD             | Ringwood        | 4,223.50 |           | 47.66%     | 76         |
| вон             | Box Hill        | 2,982.50 | 10,102.00 | 29.52%     | 55         |
| ANW             | Nunawading      | 2,130.00 | 10,954.50 | 19.44%     | 47         |
| OSC             | Old Scotch      | 1,195.50 | 11,889.00 | 10.06%     | 30         |
| YRA             | Yarra<br>Ranges | 1,073.00 | 12,011.50 | 8.93%      | 29         |
| STK             | St. Kevin's     | 889      | 12,195.50 | 7.29%      | 28         |
| AWA             | Waverley        | 526      | 12,558.50 | 4.19%      | 16         |
| SSH             | St Stephens     | 65       | 13,019.50 | 0.50%      | 3          |

| Men<br>Under 16 |                    | Pts For  | Pts Agst  | Percentage | Ldr Points |
|-----------------|--------------------|----------|-----------|------------|------------|
| RWD             | Ringwood           | 3,282.00 | 12,445.50 | 26.37%     | 69         |
| OLX             | Old<br>Xaverians   | 2,812.00 | 12,915.50 | 21.77%     | 66         |
| ВОН             | Box Hill           | 2,815.50 | 12,912.00 | 21.81%     | 64         |
| STK             | St. Kevin's        | 2,766.50 | 12,961.00 | 21.34%     | 61         |
| ANW             | Nunawading         | 2,322.50 | 13,405.00 | 17.33%     | 54         |
| AWA             | Waverley           | 907      | 14,820.50 | 6.12%      | 29         |
| OLX             | Old<br>Xaverians 2 | 412      | 15,315.50 | 2.69%      | 16         |
| SSH             | St Stephens        | 300      | 15,427.50 | 1.94%      | 14         |
| OLM             | Old<br>Melburnians | 110      | 15,617.50 | 0.70%      | 7          |

| Men<br>Under 14 |             | Pts For   | Pts Agst  | Percentage   | Ldr Points   |
|-----------------|-------------|-----------|-----------|--------------|--------------|
| Officer 14      |             | 1 13 1 01 | i is Aysi | 1 erceritage | Lui i oiiito |
| STK             | St. Kevin's | 2,535.50  | 3,665.50  | 69.17%       | 55           |
| RWD             | Ringwood    | 2,236.00  | 3,965.00  | 56.39%       | 45           |
|                 | Yarra       |           |           |              |              |
| YRA             | Ranges      | 1,365.50  | 4,835.50  | 28.24%       | 32           |
| AWA             | Waverley    | 64        | 6,137.00  | 1.04%        | 8            |

| Women<br>Under 14 |                 | Pts For  | Pts Agst | Percentage | Ldr Points |
|-------------------|-----------------|----------|----------|------------|------------|
| RWD               | Ringwood        | 1,976.50 | 1,658.00 | 119.21%    | 54         |
| YRA               | Yarra<br>Ranges | 1,185.00 | 2,449.50 | 48.38%     | 35         |
| AWA               | Waverley        | 344      | 3,290.50 | 10.45%     | 21         |
| STK               | St. Kevin's     | 129      | 3,505.50 | 3.68%      | 8          |

Thanks to all those members that competed for SKAAC during season 2015/2016. It was a year that delivered unprecedented success on a National stage, with the hope of more to come at the Rio Olympic Games.

Yours in service

Peter McGarry Track & Field Team Manager

# St Kevin's Amateur Athletic Club Annual General Meeting Monday 18th April 2016

# Records Report for Season 2015/2016

The 2015/2016 season saw an incredible 66 Club Records being broken. Undoubtedly the most amazing record breaking performance for the season was the club's first ever sub 4-minute mile, closely followed the second sub-4-minute mile in the same race, by Luke Mathews and Sam McEntee respectively. Mention must also be made to Lauren McGarry who was able to break the Women's 1kg Discus record for every age group from Under 13 to Open twice during the season.

## Records broken in season 2015/2016

#### Men Under 13 90m Hurdles

Matt Dinan 17.50s 0.2 22/11/2015 Doncaster 2nd Place, AV Shield Round 5 (DOB 1/3/2003)

#### **Men Under 13 Hammer Throw**

Adam McGarry 13.91m (3kg) 9/1/2016 Nunawading 3rd Place, AV Shield Round 8 (DOB 16/10/2003)

Adam McGarry 16.51m (3kg) 24/1/2016 Lakeside Stadium 3rd Place, AV Knockout Round 2 (DOB 16/10/2003)

Adam McGarry 17.88m (3kg) 30/1/2016 Nunawading 4th Place, AV Shield Round 10 (DOB 16/10/2003)

#### Men Under 13 400m

Andrew Mathieson 64.77s 16/1/2016 Lakeside Stadium 2nd Place AV Shield Round 9 (DOB 1/3/2003)

# Men Under 13 Discus

Andrew Mathieson 25.03m 16/1/2016 Lakeside Stadium 3rd Place AV Shield Round 9 (DOB 1/3/2003)

#### Men Under 13 Shot Put

Andrew Mathieson 8.21m (3kg) 30/1/2016 Nunawading 3rd Place, AV Shield Round 10 (DOB 1/3/2003)

Andrew Mathieson 8.63m (3kg) 6/2/2016 Lakeside Stadium 11th Place, AV Shield Final (DOB 1/3/2003)

Andrew Mathieson 9.14m (3kg) 14/2/2016 Lakeside Stadium 6th Place, AV Victorian Junior Championships (DOB 1/3/2003)

#### Men Under 13 4x400m Relay

(Adam McGarry (16/10/2003), Jett-Paris Bedelis (12/7/2004), Joel Imbriano (14/5/2006), Angus Down (29/8/2003) 5:15.18 Nunawading 5th place. AV Shield Round 8. (Under 13 Club Record)

#### Men Under 14 4x400m Relav

(Andrew Mathieson (1/3/2003), Hugo Goodman (20/4/2002), Angus Down (29/8/2003), Thomas Scroggie (22/3/2002) 4:16.49 Lakeside Stadium 5th place. Athletics Victoria State Relay Championships Final. (Under 14 Club Record)

#### Men Under 14 2000m Steeplechase

Thomas Scroggie 7:59.59 28/2/2016 Lakeside Stadium 4th Place AV Knockout Final (DOB 22/3/2002)

#### Men Under 15 200

Massimo Acquaro 24.42s -0.5 7/11/2015 Lakeside Stadium 6th Place, All Schools Track & Field Championships (DOB 28/3/2001)

Massimo Acquaro 24.12s +0.0 14/2/2016 Lakeside Stadium 4th Place, AV Victorian Junior Championships (DOB 28/3/2001)

### Men Under 16, 17, 18 & 19 4x100m Relay

(Harry Livens (25/4/2001), Massimo Acquaro (28/3/2001), Harrison Lee (25/3/2000), Phil Borg (15/1/2000) 46.00s 28/11/2015 Lakeside Stadium 1st place. Athletics Victoria State Relay Championships Heat. (Under 16 Club Record)

(Harry Livens (25/4/2001), Massimo Acquaro (28/3/2001), Harrison Lee (25/3/2000), Phil Borg (15/1/2000) 45.40s 28/11/2015 Lakeside Stadium 1st place. Athletics Victoria State Relay Championships Final. (Under 16 Club Record)

# Men Under 16, 17, 18, 19 & 20 Distance Medley

(Massimo Acquaro (28/3/2001), Phil Borg (25/1/2000), Harrison Lee (25/3/2000), Tristan Day 16/5/2001 4:00.04 28/11/2015 Lakeside Stadium 6th place. Athletics Victoria State Relay Championships Final. (Under 16 Club Record, 7th fastest All Time)

#### Women Under 13, 14, 15, 16, 17, 18, 19, 20 & Open Discus (1kg)

Lauren McGarry 20.04m 10/10/2015 Nunawading Interclub (DOB 22/5/2005) Lauren McGarry 21.06m 16/1/2016 AV Shield Round 9 (DOB 22/5/2005)

# Women Under 13, 14, 15 Long Jump

Lauren McGarry 3.23m 10/10/2015 Nunawading Interclub (DOB 22/5/2005)

#### Women Under 13 & 14 Javelin (400g)

Lauren McGarry 15.15m 10/10/2015 Nunawading Interclub (DOB 22/5/2005)

#### Men Open 4x100m Relay

(Conor Fry, Joel Bee, Jonathan Taylor, Matthew Bertacco) 42.72 28/11/2015 Lakeside Stadium 1st place. Athletics Victoria State Relay Championships Heat. (2nd fastest All time) (Conor Fry, Joel Bee, Jonathan Taylor, Matthew Bertacco) 42.13 28/11/2015 Lakeside Stadium 3rd place. Athletics Victoria State Relay Championships Final. (Open Club Record)

## **Men Open Distance Medley**

(Jonathan Taylor, Joel Bee, Sebastian Purcell, Xavier Chapman) 3:33.82 28/11/2015 Lakeside Stadium 5th place. Athletics Victoria State Relay Championships Final. (Open Club Record)

#### Men Open & Under 20 Triple Jump

Dylan Johnson 15.00m 13/12/2015 (-1.6) Lakeside Stadium – Albert Park (DOB 2/5/1996) Dylan Johnson 15.20m 20/2/2016 (+0.5) Mile End Stadium – Adelaide (DOB 2/5/1996) Dylan Johnson 15.43m 31/3/2016 (+1.4) Sydney (DOB 2/5/1996)

#### Men Open 3000m

Sam McEntee 7:48.35 30/1/2016 Newcastle 2nd Place (2016 Hunter Track Classic)

#### Men Open 1500m

Luke Mathews 3:37.31 13/2/2016 Hobart 2nd Place (2016 Briggs Athletics Classic)

### Men Open Mile (1609m)

Luke Mathews 3:56.7 23/2/2016 Melbourne University 1st Place (2016 Miler's Club Round 4, Event 20 Men's Victorian Mile Championship)

### Men Open 10,000m Walk

Jason Kozica 47:25.95 2/4/2016 Sydney 5th Place (National Championships Final)

# Men Under 17, 18, 19 & 20 Mile (1609m)

Paris Street 4:43.6 23/2/2016 Melbourne University 6th Place (2016 Miler's Club Round 4, Heat 5) DOB 12/05/1999

# Men 40+ Mile (1609m)

Dino Imbriano 4:56.9 23/2/2016 Melbourne University 7th Place (2016 Miler's Club Round 4, Heat 5) DOB 19/12/1974

## Men Under 18, 19 & 20 400m Hurdles

Conor Fry 54.11s 14/2/2016 Lakeside Stadium 2nd Place AV Victorian Junior Championships DOB 19/02/1998

## Men Under 19 & 20 400m Hurdles

Conor Fry 53.54s 12/3/2016 Perry Lakes Stadium, Perth 3rd Place National Under 20 Junior Championships DOB 19/02/1998

Yours in service

Peter McGarry Track Team Manager Season 2015/2016

# St. Kevin's Amateur Athletic Club Annual General Meeting Monday 18th April 2016

# Special Resolution to adopt the Model Rules

Dear Club Members.

I write background document to you in recommendation of the Special Resolution sought at this Annual General Meeting of the Association in support of the adoption of the Model Rules in replacement of the present SKAAC constitution that dates back to 2002.

# **Background**

Certain club issues in 2015, coincided with insistence from Athletics Victoria through the *Club Connect Program*, which has been developed in conjunction with the Australian Sports Commission's Club Health Check, have prompted the SKAAC Committee to review the law on incorporated associations for the first time in many years.

It has been discovered that things have changed markedly since the present constitution was adopted in 2002, for purposes of attaining the status as an incorporated association. As new Victorian legislation was passed in 2012, our constitution is now well and truly out of date.

# The Current Legislation and Model Rules

The new Act allows us to adopt a set of Model Rules (attached) as the Club's Rules (other than the name, club purposes and financial year, which we still set). The SKAAC Committee recommends adoption of the Model Rules because:

- 1. The current Model Rules are much better than our existing rules/constitution; and
- 2. One of the most important benefits of adopting the new model rules is that, under s 49(3) of the new Act, any future amendments to the Model Rules flow through to our Rules. This means we don't have to worry about updating the rules in future, because as the Department of Justice or Victorian Parliament see fit to make improvements, it flows through and will ensure that SKAAC always have a best practice set of rules.

#### Differences between the Model Rules and the current SKAAC Rules/Constitution

There are quite a few improvements in the new Model Rules. But just to take a couple of examples:

- The new rules are clearer on membership. For example, they deem the member to have resigned if their fees are more than 12 months in arrears. Our current rules don't do this, so in theory everyone who was ever a member of the club is still a member of the club until they resign or die.
- The new rules clarify the voting status of minors (15+ can vote; below that they are Associate Members, entitled to all benefits, but they do not vote and can also be charged a lower fee)
- Our constitution requires us to provide books and records if any member asks, regardless whereas the new model rules provide an exception for confidential, personal info etc, where
  to provide it may be prejudicial to the interests of the club which the Committee considers
  eminently sensible.
- Our current rules stipulate that Life members are afforded the status of being ex-officio members of the SKAAC Committee. Which in the Committee opinion is:
  - neither relevant as any Life Member wishing to be a part of the Committee should do so through the normal AGM election process;

- o nor would any Life Member necessarily wish to have the responsibility of this exofficio role from a legal perspective; and
- o not consistent with the Model Rules for appropriate governance of a sporting organisation such as SKAAC.

The only real loss in adopting the Model Rules would be that we would lose the bespoke adjustments in our current constitution – other than the club purposes, name and year, which would remain the same.

However on review of these clauses that we would lose the SKAAC Committee are of the opinion they can be covered without being in the constitution – which is the situation we had until we incorporated in about 2002 and gained a formal constitution. As an example: club colours are currently listed in the SKAAC constitution; however if someone wanted to change the club colours from green, gold and blue, there would undoubtedly be a debate and the real issue would not be some technical constitutional point.

This resolution is supported unanimously by the 2015/2016 SKAAC Committee.

A copy of the proposed special resolution for your consideration can be seen on the next page.

Yours in service

Peter McGarry President SKAAC - 2015/2016

#### Proposed Resolution

The Association resolves that, in accordance with s 49(6) of the Associations Incorporation Reform Act 2012 (Act), the Association adopts the Model Rules defined in s 49(1) of the Act as the rules of the Association, subject to the following matters for the purposes of s 49(7) of the Act:

- 1. The name of the Association is and remains St Kevin's Amateur Athletic Club Incorporated.
- 2. The financial year of the Association is the year ending 30 March each year.
- 3. The Purposes of the Association are to:
- (a) Promote and encourage Track and Field Athletics, Cross Country Running, Road Racing, and Race Walking;
- (b) Foster Amateur Athletics generally; and
- (c) Compete with or against any kindred clubs in approved competition.

In order to be adopted this motion requires a 75% majority when voted upon at the SKAAC AGM on 18 April 2016.